



S . H . A . R . E .
I N T H E H A R V E S T
F R I E N D S O F P R O J E C T S . H . A . R . E
W W W . P R O J E C T S H A R E . N E T

OCTOBER 2003

Give a Gift of Love

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Looking for a special gift for a special person?

Give a Project S.H.A.R.E. gift card

Project S.H.A.R.E. gratefully accepts donations given in the name of someone you care about. Your donation will be exchanged for a

S.H.A.R.E. gift card and will be used to help the needy in the community .

A Project S.H.A.R.E. gift card makes a great gift for the Holidays, birthdays, anniversaries, or any other occasions and make a difference in the lives of many people.



Stop by or give us a call to order your gift cards.

What better way to say, "I care," not only to that special someone, but to the community as well!

Distribution Dates for Fall/Winter 2003

October 16 & 18

November 20 & 23

December 18 & 20



We wish you and your families a happy, healthy, and joyous holiday season!

Summer Benefits Recap

WIOO collected non-perishable food and school supplies from July 1— August 20, 2003. The benefit has a yearly goal of 2000 items, and they did it!!

St. Matthew's Evangelical Lutheran Church in Plainfield held a Good News Gospel Singers' concert on August 24, 2003 to benefit Project S.H.A.R.E. The concert was a huge success, collecting a whopping \$1006.35!!!!

Thank you to WIOO and St. Matthew's and all who participated in these wonderful events.

GROCERY CARTS

Since the Project S.H.A.R.E. Food Bank moved to 5 N. Orange Street last October, many food recipients are walking a longer distance to the monthly food distributions. These include seniors, mothers with small children, and some people with minor physical disabilities.

To ease their burden, two

things have happened: the Todd Baird Lindsay Foundation has been purchasing push carts for seniors who meet their guidelines, & Deb Brandberg & Jan Hays have spread the word about others who need carts. The result is that over 100 carts have been purchased for Project S.H.A.R.E. recipients!

They are purchased at Castles' Hardware, and a group of men, Bob Myers, Vic Rogusky, Don Wagner, and Mike Filippelli, and Boy Scout Troup #333 have been assembling them. On behalf of all who received them, we thank everyone who has been part of this effort!

KIDS IN THE KITCHEN COOKING CLASS

This instructional cooking class was offered during three separate weeks this summer. Attendance was high for this first series of classes. We had an average of 18 kids each night, with the all time high of 21 on the final night of class. Eight children were from Grandview Apartments, and six were from Regency Woods Mobile Home Park off of Rt. 34. The children ranged in ages from 4-14. Twelve adult volunteers participated in making this program such a success. The smaller kids, ages 4-8, were separated from the older kids and given age appropriate tasks with more adult supervision

offered to the smaller children. The older kids were in groups of 3-4 at each of our three cooking stations, and 1-2 adults would assist these groups from start to finish. There was an emphasis on nutrition, with discussion on the food groups and different ways to receive the daily recommended amounts. One evening was all about eggs. We hard boiled, scrambled, fried, deviled and even made egg salad sandwiches to the tasty surprise of many who were certain they would hate egg salad! We had a taste test to see if the kids could tell the difference between whole, 2% and

skim milk? We had class discussion about ways of ensuring kitchen safety and proper cleaning to prevent problems with different types of bacteria. We even had an informal discussion about some good rules to know when giving or attending a party. The kids were eager to share their thoughts and ideas! Our main goal was to try to incorporate many of the items given at distribution into our menu. Milk shakes using donated milk and ice cream were big winners, as well as tuna and noodle casserole using all donated ingredients. The approximate cost of providing

this program to the public was about \$500. Many of the children enjoyed the often one on one attention, as well as working with classmates. Volunteers discussed how they could see different "gifts" various children demonstrated in cooking, and self-esteem was on the rise for many of the kids! A few children even talked about how they went home and made different dishes for their families to try, with great success!

Turkey Hunting



We are collecting all sizes of turkeys for the Thanksgiving distribution on Nov. 20th & 22nd.

St. Matthews UCC has already donated \$250

toward turkeys, but many more will be needed.

Gift certificates and turkey coupons are also greatly appreciated.



DAY OF SHARING FROM KAY BALDWIN

It doesn't seem possible that we have already enjoyed five wonderful annual "Day of Sharing" Concerts. Now we are getting underway with preparations for the sixth which will be held on Sunday, March 7, at 4:00 p.m. at Otterbein U.M. Church. Once again, we are inviting all churches with choirs in the Project

S.H.A.R.E. service area to submit an application to sing with us.

This year, we are pleased to have Theresa Maag from St. Pat's serve as our Director, and she has chosen three wonderful selections to augment our standard "He Ain't Heavy, He's My Brother" by Bobby Scott.

We want to assemble again a diverse group of churches to work together in both literal and figurative harmony. To do so, contact us before October 10. Please call 258-4184 or e-mail me at yfork@pa.net for more



Hunting Venison

Project S.H.A.R.E. will accept donations of deer meat .

Potteiger's Meats in New Kingston will process the deer for free if you donate it to the Food Bank.

FARM PROJECT AND THE ZUCCHINI LADIES!

We have gleaned thousands of pounds of fresh produce this season. We harvested over 600 watermelons from the farm of Joseph Shirk and family.

Recipient volunteers, Dickinson College's Alpha Phi Omega brothers, and several other S.H.A.R.E. volunteers helped to pick alongside the Shirks. We are

grateful to God and the many local farmers for their produce, including: the Shirks, Krietes, Weavers, Kiners, Kniselys, Leeds, Deitches, Beans, Spiral Path, Briggs, and the Dickinson College Student Garden. We thank the Putzes and Frys for eggs.

The Zucchini Ladies, a local moms' group, came in and cooked our left-over/hard-to-deliver produce. They have made 48 loaves of zucchini bread, creamy zucchini soup, and zucchini quiche. They have also blanched corn and frozen peaches for our annual holiday dinner .

Clothing Donations

Clothing donations have been very generous, far exceeding our expectations. Donations of washed and/or dry cleaned seasonal clothing in excellent condition, including winter coats, will now be accepted Monday—Wednesday only from 8 am—4 pm.

Winter clothing is now being accepted.

Questions?
Contact Connie at 249-7773.



Our Immediate Needs:

- baby food
- vegetables and meat
- spaghetti sauce
- green beans
- peas
- soup
- crackers

AUGUST DISTRIBUTION STATISTICS

Households	493
Total Individuals	1175
Individuals over 60	165
Individuals living alone	205
Children	331
August retail cost per box	\$63.02
August our cost per box	\$9.07
Year-to-Date retail value	\$233,819
Our year-to-date cost	\$34,631.17

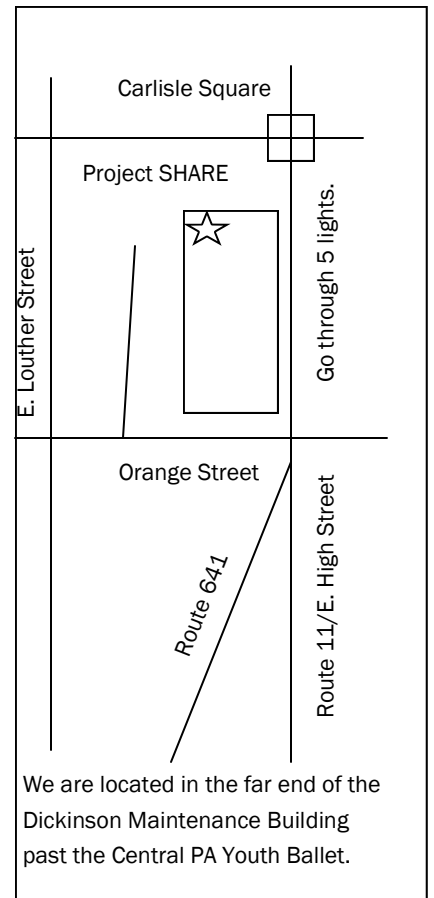


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TRYING TO FIND US? LOOK FOR US ON THE WEB AT WWW.PROJECTSHARE.NET. THE DEVELOPMENT AND MAINTENANCE OF THIS SITE IS THANKS TO WEBMASTER CRAIG PETROU, WHO DONATES ALL HIS EXPERTISE. SPECIAL THANKS ALSO TO ROWE'S PRINT SHOP FOR PRINTING OUR NEWSLETTER!

CALENDAR

October 4	Apple Picking	8:30 a.m.—12:30p.m.
October 19	Deadline for participation in the	Community Choir Concert
October 11	Apple Picking	8:30 a.m.—12:30p.m.
October 15	Apple Picking	2—4 p.m.
November	Accepting Turkeys all Month!	
December 4	S..H.A.R.E. Holiday Dinner	5:30-7:30 p.m.
December 6	College Collegium Musicum	7 p.m. at Memorial Hall
December 7	College Collegium Musicum	4 p.m. at Memorial Hall
December 12	Eaken Trio Concert Benefit	7 p.m. at St. John's Episcopal





Help Project S.H.A.R.E. Stock their shelves!



Shop **Giant Food Stores** during October
and save your receipts!!

Bring the Receipts to WI00 radio studios
(or mail them to 180 York Rd)

You can also bring them to Project S.H.A.R.E.

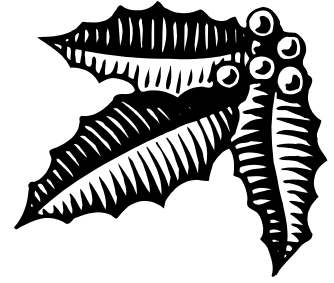
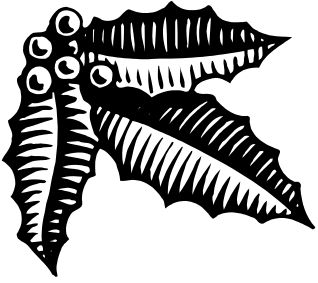
Giant will then donate **\$1** to the Project S.H.A.R.E. Food
Bank for **EACH**
receipt (no matter the amount or items)
received.

Receipts must be dated in October 2003 and turned in before
Oct. 31, 2003.

Please put your name, address, and phone number on the back
of your receipts to make you eligible to win a gift certificate
from Giant.

Christmas Giving

Project S.H.A.R.E. no longer gives out individual names for Holiday toy and gift giving. For those who would like to help a family at the Holidays, we greatly prefer a food certificate to a local grocery store, discount store, or a local restaurant. Other gift certificates are also welcome. Salvation Army, Toys for Tots, and other organizations provide ways to give material items to children and adults at the Holidays. Please help us to remain focused on our mission of providing food and food security.



Eaken Piano Trio
Holiday Concert
to benefit

Project S.H.A.R.E. Food Bank
Friday, December 12, 2003
St. John's Episcopal Church
7:00 PM

\$10 donation per person

For more information about
the Eaken Piano Trio Benefit Concert,
please call Project S.H.A.R.E. at 249-7773

or e-mail us at
share@pa.net.

